

## COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE PUBLICATION February 1, 2010

Contact: Yvette Urrea Moe (619) 595-4632
National School District Preschool Contact: Katie Filzenger (619) 336-7750

## TUBERCULOSIS CASE REPORTED AT NATIONAL CITY PRESCHOOL County Health and School Officials Working Together to Notify Students and Staff

An individual at National School District Preschool Center was recently diagnosed with tuberculosis (TB) and may have exposed students and staff, the San Diego County Health and Human Services Agency (HHSA) reported today.

HHSA is working with the National School District Preschool Center to notify those who were in close contact with the infected person and were potentially exposed to the disease. The period of exposure was from Nov. 2, 2010 to Dec. 17, 2010.

"TB testing will be conducted at the preschool on Feb. 2. We urge those people who are at risk to get tested, in order to catch early infection before it makes the person ill with TB," said Eric McDonald, M.D., M.P.H., County Deputy Public Health Officer. "TB can be treated and cured with medication and that's why it is important to identify."

Symptoms of active TB include persistent cough, fever, night sweats and unexplained weight loss. Most people who are exposed to TB do not develop the disease. Prolonged close contact with an individual who has TB is required in order to spread the disease to others.

Individuals who need testing and have no medical provider, or need more information, may call the County TB Control Program at (619) 692-8621.

Tuberculosis is not uncommon in the San Diego region. This is the 14<sup>th</sup> case in 2011. In 2010, there were 222 cases reported in San Diego County.

###